

# **AMBIHA CHARITABLE TRUST**

**34. SELLAPATTI, THIRUVENGADAM POST,**

**KOVILPATTI (VIA) THIRUNELVELI District, TAMIL NADU -627719**

---

## **ANNUAL REPORT 2022-2023**

### **INTRODUCTION**

Ambiha Charitable Trust ACT is an NGO working for the welfare and development of the needy mass in rural and urban locations in Thenkasi district. We are proud of presenting this annual report for the year 2022-23 to our well wishers, especially the bank officials, government department heads, co-NGOs who came for co-operation with us in our activities and to the donors.

**We implemented the following in 2022-23**

- **DISASTER REDUCTION AWARENESS**
- **MEDICINAL PLANTS AWARENESS**
- **RENEWABLE ENERGY AWARENESS**
- **SKILL DEVELOPMENT TRAINING**
- **CHILD CARE AWARENESS**
- **RAIN WATER HARVESTING AWARENESS**
- **CHILD HEALTH CAMP**
- **NATUROPATHY**
- **SOIL AND WATER TESTING AWARENESS**
- **FARMERS AWARENESS\**
- **AGP**
- **HELP TO OLD AGE PERSONS**
- **LEGAL AWARENESS**

## **DISASTER REDUCTION AWARENESS**

We conducted as per following schedule.

| Date     | Place        | Speaker and Title                                 | Number of participants |
|----------|--------------|---|------------------------|
| 12.4.22  | Tiruvengadam | Mr. Kandasamy<br>Methods of disaster<br>Reduction | 67                     |
| 23.11.22 | Sellapatti   | Mr. M.Kannan<br>Causes of disaster                | 57                     |
| 3.2.23   | Maipparai    | Mr. S. Ayyadurai<br>Safety living as a lifestyle  | 51                     |

**Disaster management is a process of effectively preparing for and responding to disasters. It involves strategically organizing resources to lessen the harm that disasters cause. It also involves a systematic approach to managing the responsibilities of disaster prevention, preparedness, response, and recovery.**

## **MEDICINAL PLANTS AWARENESS**

We conducted as per following schedule.

| Date    | Place        | Speaker and Title   | Number of participants |
|---------|--------------|---|------------------------|
| 2.5.22  | Tiruvengadam | Mr. P.Rajadurai<br>Medicinal Plants and their<br>Importance | 67                     |
| 4.10.22 | Sellapatti   | Mr. K.Ramesh<br>Medicinal plants<br>processing              | 57                     |
| 1.3.23  | Kalingapatti | K.Sakthivel<br>Medicinal plants<br>Cultivation              | 65                     |

## **RENEWABLE ENERGY AWARENESS**

We conducted as per following schedule.

| Date     | Place        | Speaker and Title  | Number of participants |
|----------|--------------|--|------------------------|
| 2.7.22   | Tiruvengadam | Mr. C.Venkatesh<br>Renewable energy sources<br>– what are they?  | 78                     |
| 21.12.22 | Sellapatti   | Mr. G.Santham<br>Renewable energy – how<br>To benefit from them? | 54                     |
| 23.3.23  | Vellakulam   | Mr.B.Srinivasan<br>Renewable energy --<br>Problems and issues    | 57                     |

**Renewable energy is energy derived from natural sources that are replenished at a higher rate than they are consumed. Sunlight and wind, for example, are such sources that are constantly being replenished. Renewable energy sources are plentiful and all around us.**

## **SKILL DEVELOPMENT TRAINING**

We conducted skill development training to poor young women on the following skills

- Tailoring
- Toys making
- Household chemicals making
- Masala powder making and packing
- Tiffin shop running

## **CHILD CARE AWARENESS**

We conducted as per following schedule.

| Date   | Place      | Speaker and Title                     | Number of participants |
|--------|------------|---------------------------------------|------------------------|
| 3.9.22 | Sellapatti | Dr. R. Subathra<br>Child care methods | 65                     |

|         |              |   |    |
|---------|--------------|---|----|
| 4.7.22  | Tiruvengadam | Dr. M. Rajendran<br>Child growth indicators | 47 |
| 2.12.22 | Sangupatti   | Mrs. R.Padmavathi<br>Well baby standards    | 76 |

## **RAIN WATER HARVESTING AWARENESS**

We conducted as per following schedule.

| Date    | Place        | Speaker and Title                                      | Number of participants |
|---------|--------------|--|------------------------|
| 1.6.22  | Sellapatti   | Mr.S.Rathinavel<br>Rain water harvesting – what it is? | 43                     |
| 5.11.22 | Tiruvengadam | Mr. M. Malaiyarasan<br>RWS - -methods                  | 65                     |
| 2.12.22 | Aladipatti   | Mr.S.Jeyasingh<br>RWS – benefits                       | 45                     |

**Rainwater harvesting is the simple process or technology used to conserve rainwater by collecting, storing, conveying and purifying of rainwater that runs off from rooftops, parks, roads, open grounds, etc. for later use.**

## **CHILD HEALTH CAMP**

We conducted as per following schedule.

| Date     | Place        | Speaker and Title  | Number of participants |
|----------|--------------|--|------------------------|
| 2.8.22   | Tiruvengadam | Dr.S.Subramanian<br>Child health – importance                              | 47                     |
| 12.11.22 | Sellapatti   | Dr.M.Subbulakshmi<br>Child Health – what are<br>The physical health issues | 76                     |
| 2.2.23   | Varaganoor   | M.Rajesh<br>Games and plays – how<br>They improve health                   | 69                     |

## **NATUROPATHY**

We conducted as per following schedule.

| Date   | Place        | Speaker and Title                            | Number of participants |
|--------|--------------|--|------------------------|
| 2.7.22 | Sellapatti   | Mr.S. Ganesha chandar<br>What is naturopathy | 56                     |
| 4.9.22 | Tirumangalam | Mr.A.Pravena<br>What is yogasana?            | 78                     |
| 2.3.23 | Kundampatti  | Mr. T.Antony<br>Importance of meditation     | 67                     |

**Naturopathy is a form of healthcare that combines modern treatment with traditional methods. It includes alternative, natural therapies to modern medicine.**

### **SOIL AND WATER TESTING AWARENESS**

We conducted as per following schedule.

| Date    | Place            | Speaker and Title                | Number of participants |
|---------|------------------|----------------------------------|------------------------|
| 3.6.22  | Sellapatti       | Mr.S.Senthamarai<br>Soil testing | 45                     |
| 4.11.22 | Tiruvengadam     | Mr.J.Rooswelt<br>Water testing   | 65                     |
|         | Vaiyakundampatti | Mr.G.Ragavan<br>Why test?        | 46                     |

### **FARMERS AWARENESS\**

We conducted as per following schedule.

| Date     | Place        | Speaker and Title  | Number of participants |
|----------|--------------|--|------------------------|
| 13.8.22  | Sellapatti   | Mr. Mariyadass<br>Farmers shall update their<br>Farm production<br>Knowledge | 51                     |
| 21.12.22 | Tiruvengadam | Mr.V. Murugesan<br>Soil testing is important                                 | 56                     |
| 3.2.23   | Naduvapatti  | S. Vellasamy<br>Modern farm techniques                                       | 45                     |

### **AGP**

We conducted as per following schedule.

| Date    | Place        | Speaker and Title                            | Number of participants |
|---------|--------------|--|------------------------|
| 5.7.22  | Sellapatti   | Mr.D.Duraipandi<br>Women and Law             | 56                     |
| 10.8.22 | Tiruvengadam | Mr.K.Mukesh<br>Women and government Schemes  | 78                     |
| 11.1.23 | Kurunjakulam | Mrs.M.Vansantha<br>Women and Health Problems | 56                     |

### **HELP TO OLD AGE PERSONS**

We helped to old age persons with the following materials

- Free cloth and food pockets
- Blankets and dresses and dress materials
- Water bottle and simple medicines for curing head ache and minor fever

### **LEGAL AWARENESS**

We conducted as per following schedule.

| Date    | Place        | Speaker and Title  | Number of participants |
|---------|--------------|--|------------------------|
| 22.8.22 | Tirumangalam | Mr.A.Pushparaj<br>Free legal awareness cell –<br>And their works         | 78                     |
| 3.7.22  | Sellapatti   | Mr.U.Sundaresan<br>Egal awareness for<br>Women – why is it<br>Important? | 67                     |
| 31.1.23 | Kuruvikulam  | Mr.Rajan<br>Law and legal tems – an<br>Introduction                      | 46                     |